



## Rock-It (Hawai'i)

**Description:** 4 Wall Line Dance (48 count)

**Choreographer:** Carol Aveiro

**Music:** "455 Rocket" by Kathy Mattea

### **RIGHT & LEFT ROCK FORWARD & BACK W/TRIPLE STEPS ("ROCKING CHAIR")**

- 1, 2, 3, 4 R rock forward; L step center; R rock back; L step center  
5 & 6 Triple step RLR in place  
1, 2, 3, 4 L rock forward; R step center; L rock back; R step center  
5 & 6 Triple step LRL in place

### **MONTEREY TURN & POINT CROSS-UNWIND-CLAP**

- 1, 2, 3, 4 R toe R side; R sweep back R 1/2 turn & next to L; L toe L side; L center  
5, 6, 7, 8 R toe R side; R cross in front of L; unwind 1/2 turn left (ccw); clap

### **RIGHT & LEFT SAILOR SHUFFLE BACK (2X)**

- 1 & 2 R step back; L ball push off on L side; R step R side  
3 & 4 L step back; R ball push off on R side; L step L side  
5 & 6 R step back; L ball push off on L side; R step R side  
7 & 8 L step back; R ball push off on R side; L step L side

### **RIGHT & LEFT POINT & CROSS W/KNEE ROLL**

- 1, 2, 3, 4 R toe R side, R cross in front of L; L toe L side; L cross in front of R  
5, 6, 7, 8 R toe R side; R step center; R knee roll R; L knee follow

### **STEP PIVOTS & RIGHT & LEFT GRAPEVINE**

- 1, 2, 3, 4 R step forward; 1/2 turn L; R step forward; 1/2 turn L  
1, 2, 3, 4 R step R side; L behind R; R step R side; L scuff (clap)  
5, 6, 7, 8 L step L side; R behind L; L step L side; R scuff (clap)

### **REPEAT**